



First Aid at Work Course

Introduction

It is a requirement of the Health & Safety law that employers should provide a safe and healthy environment for their employees. If the assessment of First Aid needs highlights the need for qualified First Aiders, then this course will provide you with suitable, highly trained personnel. This comprehensive course covers a wide range of First Aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way. The course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

Course Content and Duration

A minimum of 24 hours spread over 4 days.

A wide range of subjects is covered including:-

- Legalities, responsibilities and reporting Assessment of the situation
- Dealing with an unconscious casualty
- Resuscitation
- Heart Attacks
- Choking
- Poisoning
- Control of bleeding
- Bandaging Fractures
- Burns
- Head injuries
- Eye injuries
- Sprains & Strains
- Shock

Location

We are able to deliver this course at our training premises in Hanley, Stoke on Trent.

Qualification

Subject to a practical assessment, all participants will be issued with a First Aid at Work certificate (and wallet card) approved by the Health and Safety Executive. This qualification is valid for 3 years which can be renewed by attending a suitable 2 day requalification course.

